

KNOW CPR
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Proposal for Sunrise

Safe & Convenient CPR & First Aid Training: Hands-On Remote or Hands-on Blended Training At Your Location

The same certificate/completion cards that have been issued in the past will be issued for those completing either Remote or Blended training sessions. Cards look no different, are valid for 2 years, and are good for licensing.

For Remote and Blended hands-on training, **at no cost to you**, Know CPR will drop off at your location:

- a CPR manikin and AED training pads (for hands on practice)
- an Amazon Echo Show 8 (to conduct the training). No I.T. Guy is needed. Just plug it in and connect to WIFI.

This equipment will be used for hands-on training sessions and will remain at your facility until you no longer require additional training.

Class size for both should be 6 people max.

REMOTE TRAINING

1. Total training time: Approx 2 ½ hrs.
2. No prior class preparation required.
3. All training completed during the 2 ½ hr remote hands-on session with a live instructor via 2-way audio-visual session.
4. The class format is very similar to classes we have taught in the past.
5. Ideal for everyone. No computer skills needed. Very easy to schedule.

BLENDED TRAINING

1. Total training time: Approx 3 hrs
2. Prior to class each person must complete an eLearning component online (approx. 2-2 ½ hrs).
 - a. Each person must have a unique email to receive eLearning link.
3. All students must then attend a 45 minute session to demonstrate CPR skills on manikins with a live instructor via 2-way audio-visual session.
4. Not recommended for those who are uncomfortable with eLearning.

Pricing: (minimum CPR class size is 1 student)

<u>Course</u>	CLASS SIZE				
	5+	4	3	2	1
Remote -- Adult CPR/AED & Basic First Aid Training	\$57 pp	\$67 pp	\$77 pp	\$87 pp	\$165 pp
Blended -- Adult CPR/AED & Basic First Aid Training	\$62 pp	\$72 pp	\$82 pp	\$92 pp	\$170 pp

Please call us at 703-528-7045 or email us at Info@KnowCPR.com to schedule your class or for further information.